

Scientists at UCSD are studying
**Cooperative meditation &
Compassion (COCO) training** for
children (ages 6+) and their parent.



✔ Contact **braine@ucsd.edu**

✔ Complete a mobile study with assessments and trainings

10-10 program (10 min per day for 10 weeks).

Program available in English/Spanish.

Receive up to **\$90** in gift cards for study completion.

Option to get brain maps & additional gift cards with two UCSD study visits.